

“Sing the Word” Movement Guide

VERSE 1

Wanting to get things right (Have hands out, palms up – curl fingers and pull in for *Wanting to get things*; make a fist with the right hand – extend the index finger, keeping left hand slightly curved with palm facing the body, and hit the right hand fist on top of it for the word *right*.)

Sing the Word, O sing the Word (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for *Sing*; put hands together and open as a book for *the Word*. Repeat.)

Feeling alone at night (Make a fist with the right hand – extend the index finger up and move it around in a circle for *Feeling alone*; cover left hand with right hand, palms down, for *at night*.)

Sing the Word, O sing the Word (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for *Sing*; put hands together and open as a book for *the Word*. Repeat.)

Trying to do your best (Both thumbs up – move down from neck to chest, and then out for *Trying to do*; close fists with thumbs up and push out, first with the right hand, then with the left for *your best*.)

Sing the Word, O sing the Word (Repeat motions as above.)

Looking for peace and rest (Put open right hand, palm down, above eyes on forehead – turn from side to side for *Looking for*; hold up index and middle fingers on both hands in a “v” and move them forward for *peace*; rest head on hands that are placed to the right side of the head, left hand on top of right, palms together for *and rest*.)

Sing the Word, O sing the Word (Repeat motions as above.)

You can find answers for your life... if you (Make a fist with the right hand – extend the index finger, point index finger out and push out for *You*; open right hand with palm down – pull up and bring together the thumb and index finger for *can find*; put right index finger on chin with the other fingers closed – pull hand down and point index fingers on both hands to the left for *answers*; make an “L” on each hand using thumbs and index fingers and draw up in front of the body for *for your life*.)

CHORUS

Sing the Word (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for *Sing*; put hands together and open as a book for *the Word*.)

Tell me have you heard (Cup right hand around right ear.)

It is fun to learn when you sing God’s Word (Spin around with hands in the air for *It is fun to learn*; slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for *when you sing*; put hands together and open as a book for *God’s Word*.)

Sing the Word (Repeat motions as above.)

Tell me have you heard (Repeat motions as above.)

It is fast to learn when you sing God's Word (Run in place for ***It is fast to learn***; slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for ***when you sing***; put hands together and open as a book for ***God's Word***.)

Sing the Word both night and day (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for ***Sing the Word***; cover left hand with right hand, palms down, for ***both night***; hold left arm in front of the body, palm up – rest the right elbow on the left palm, making a fist with the right hand and extending the index finger – bring right arm down over the left for ***and day***.)

Sing it as you work and play (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for ***Sing it***; close both fists and pound right fist on left for ***as you work***; close fists, but keep both thumbs and pinkie fingers out – twist hands back and forth for ***and play***.)

You'll hide it in your heart that way (Put right thumb on chin with closed fist – move it down and cover with the left hand for ***You'll hide it***; trace the shape of a heart with index fingers in front of chest for ***in your heart that way***.)

Just sing the Word (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for ***Sing***; put hands together and open as a book for ***the Word***.)

VERSE 2

Needing to know God's ways (Bend right hand at knuckles with fingers together and tap temple twice for ***Needing to know***; hold right hand facing out with fingers together – push out to side twice for ***God's ways***.)

Sing the Word, O sing the Word (Repeat motions as above.)

Raising your hands in praise (Raise hands in the air and wiggle fingers.)

Sing the Word, O sing the Word (Repeat motions as above.)

Wanting your faith to show (Make a fist with the right hand and extend index finger – touch temple for ***Wanting***; hold both open hands in front of the body with the right above the left – close both hands and pull down as if grabbing a rope for ***your faith***; make a fist with the right hand, extending the index finger – place finger on open palm of the left hand, facing the left palm out – move in a circle away from and back towards the body for ***to show***.)

Sing the Word, O sing the Word (Repeat motions as above.)

Trying to help it grow (Place the right hand with the fist closed and the thumb up on top of the left palm for ***Trying to help it***; open left palm facing to the right – with the right palm down, pass the right hand along side the left palm, moving out and up for ***grow***.)

Sing the Word, O sing the Word (Repeat motions as above.)

You will see how useful it can be... When you (Make a fist with the right hand – extend the index finger, point index finger out and push out for **You**; point the right index finger to the right temple for **will see [understand]**; place the left arm in front of the body, palm down – make a fist with the right hand, extending the index and middle fingers and move the right hand in a circular motion above the left arm for **how useful it can be... When you**)

BRIDGE

Learn the Word of God with me (Swipe the left palm with right fingers twice for **Learn**; put hands together and open as a book for **the Word of God**; close fists and put thumbs up on both hands and bring hands together for **with**; bring both thumbs back and point to self for **me**.)

Singing His Word will make it oh so easy (Slightly curve left arm with palm up – with fingers of the right hand together, pass them over the left arm with a sweep toward and away from the body for **Singing**; put hands together and open as a book for **His Word will make it**; make a fist with the right hand – extend index finger and move from the lips straight down in front of the body to chest level for **oh so [really]**; have both hands open with palms facing the body, fingers pointing slightly up and left palm closer to the body – swipe in an upward motion against the back of the left hand fingers with the right fingers twice for **easy**.)