

“Shine on Me” Movement Guide (Psalm 4:6)

MUSICAL INTRO (Clap hands throughout the musical introduction.)

VERSE 1

Got to get a little joy in my life, O LORD (Close right fist with a curved index finger – tap down twice for **Got to get**; face both palms toward the chest with fingers together and thumbs up - place hands on either side of the body, pointing fingers toward each other – move hands up twice for **a little joy**; make an “L” on each hand using thumbs and index fingers, and draw the index fingers up in front of the body for **in my life**; make an “L” with the thumb and index finger of the right hand, and cross from the left shoulder to the right hip [like a banner] for **O LORD**.)

Got to get a little joy in my life (Repeat motions as above, except for **O LORD**.)

Got to have a little peace in my life, O LORD (Close right fist with a curved index finger – tap down twice **Got to have**; hold up index and middle fingers on both hands in a “v” and move them forward for **a little peace**; make an “L” on each hand using thumbs and index fingers, and draw the index fingers up in front of the body for **in my life**; make an “L” with the thumb and index finger of the right hand, and cross from the left shoulder to the right hip [like a banner] for **O LORD**.)

Got to have a little peace in my life (Repeat motions as above, except for **O LORD**.)

PRE-CHORUS

Oh, my righteous God (Cup right hand slightly and move to mouth and then out in front for **O my righteous [good]**; point up to the right – bring right hand down in front of the face, with palm open, facing to the left and fingers together for **God**.)

Hear me when I call (Cup right hand around right ear for **Hear me**; put both hands, slightly cupped, around mouth for **when I call**.)

CHORUS

Let the light of Your face shine upon us, O LORD (Tap fingertips together and raise hands up and out, wiggling the fingers for **Let the light**; raise right hand to the sky, fingers together, open palm away from the body – move it in a circle for **of Your face**; hold hands above head – point fingers down and wiggle them for **shine upon us**; make an “L” with the thumb and index finger of the right hand, and cross from the left shoulder to the right hip [like a banner] for **O LORD**.)

Let the light of Your face shine down (Tap fingertips together and raise hands up and out, wiggling the fingers for **Let the light**; raise right hand to the sky, fingers together, open palm away from the body – move it in a circle for **of Your face**; hold hands above head – point fingers down, wiggle them, and move hands down in front of the body for **shine down**.)

I will have greater joy, and I will sleep in peace (Point to self with right index finger for *I will have*; face both palms toward the chest with fingers together and thumbs up - place hands on either side of the body, pointing fingers toward each other – move hands up twice for *greater joy*; point to self with right index finger and then rest head on hands that are placed to the right side of the head, left hand on top of right, palms together for *and I will sleep*; hold up index and middle fingers on both hands in a “v” and move them forward for *in peace*.)

As You let the light of Your face shine on me (Tap fingertips together and raise hands up and out, wiggling the fingers for *As You let the light*; raise right hand to the sky, fingers together, open palm away from the body – move it in a circle for *of Your face*; hold hands above head – point fingers down and wiggle them for *shine on me*.)

VERSE 2

Got to feel a little love in my life, O LORD (Put middle and ring fingers of both hands together, other fingers apart – swipe up on chest for *Got to feel*; cross arms in front of chest with fists closed for *a little love*; make an “L” on each hand using thumbs and index fingers, and draw the index fingers up in front of the body for *in my life*; make an “L” with the thumb and index finger of the right hand, and cross from the left shoulder to the right hip [like a banner] for *O LORD*.)

Got to feel a little love in my life (Repeat motions as above, except for *O LORD*.)

Got to keep a little hope in my life, O LORD (Put thumb between middle and index fingers on both hands with ring and pinkie fingers on palms, hit right hand on top of left for *Got to keep*; fold hands together and move hands out from the body and shake [pleading] for *a little hope*; make an “L” on each hand using thumbs and index fingers, and draw the index fingers up in front of the body for *in my life*; make an “L” with the thumb and index finger of the right hand, and cross from the left shoulder to the right hip [like a banner] for *O LORD*.)

Got to keep a little hope in my life (Repeat motions as above, except for *O LORD*.)

BRIDGE

Psalm four says, “Many are asking, (Hold up four fingers on right hand for *Psalm four says*; hold both hands in fists with palms up – open fists and push up for *Many*; make a fist with the right hand, extending the index finger – point up, then curve finger down for *are asking*.)

‘Who will show us any good?’ (Shrug shoulders and bring out arms with hands open and palms up for *Who*; make a fist with the right hand, extending the index finger – place finger on open palm of the left hand, facing the left palm out – move in a circle away from and back towards the body for *will show us*; cup right hand slightly and move to mouth and then out in front for *any good*.)

I know, LORD, You are the answer (Point to right temple with right index finger for *I know, LORD*; make a fist with the right hand – extend index finger and point up for *You are the answer*.)

Now, please, if You could... (Face the open palm of the right hand toward the chest and move in a circular motion for *Now, please, if*; make fists with both hands – face palms down and tap down twice for *You could*.)

AD LIB (Clap to the music.)

FINAL LINE

Shine on me, Yeah! (Hold hands above head - point fingers down and wiggle them for ***Shine on me***; pump right fist up in the air for ***Yeah!***)